



What is "setsubun"?

On *setsubun* day in February, (originally meaning “division of seasons”) Japanese people celebrate by throwing *fukumame*, or fortune beans, shouting “Ogres (ie. bad luck), out! Luck, come in!”. This is an annual ritual for households to bring good luck for the rest of the year.

How to at home

1. Prepare *fukumame* (roasted beans).
2. Get together with your family. Throw *fukumame* toward the outside of your home, shouting “Oni wa soto! (Ogres, out!)”. (Make sure ogres don’t follow you back to the house by closing the door at the end of this procedure!) Then throw some inside, shouting “Fuku wa uchi! (Luck, come in!)”
3. Repeat this several times.
4. Eat the same number of beans as your age plus one.

※The styles of throwing beans differs from one household to another.

Setsubun in Machida Sugawara Shrine

Date: February 3rd, 2017

A sumo wrestler, “Kitataiki” from Machida, will participate in this event!

